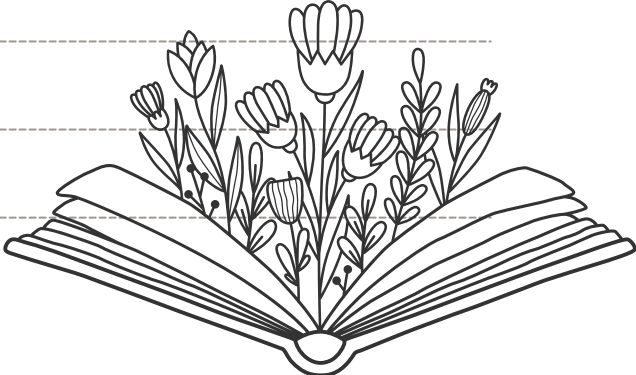


This is the time of year when combine harvesters are rumbling round the fields. The hard work of those with allotments are paying off; plates are being filled with fresh produce. This is the time of year for salads and fresh fruits, for 'peasant food' stews, for potatoes fresh from the ground, washed and boiled and buttered, eaten straight out of the pan.

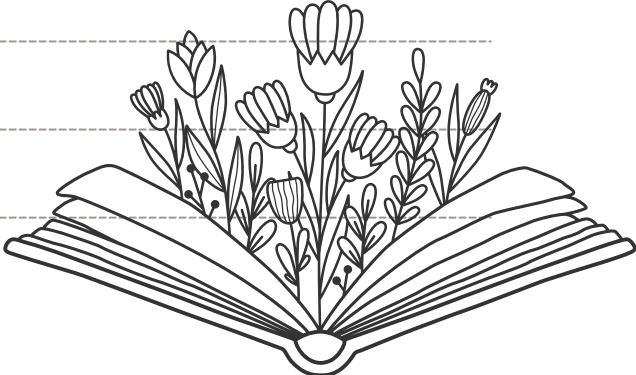
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- When was the last time you ate freshly picked food?
 - Imagine it now: the feel of it in the mouth, the touch of teeth, the resistance, the texture.
 - What did it taste like? Use simile or metaphor to describe the taste.
 - Where were you when you ate this food?
 - What was the weather like?
 - What sounds were happening while you ate?
 - What was that summer like?
 - What was on the news?
 - What was the last conversation you had before you ate that food?
 - What makes fresh picked food so good?



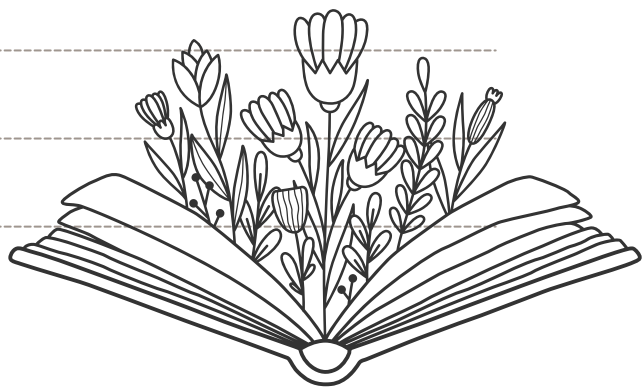
A series of 25 horizontal dashed lines for writing.



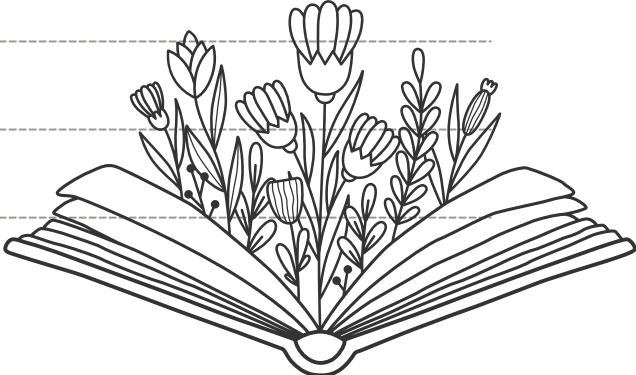
A series of horizontal dashed lines for writing, spanning the width of the page.



A series of horizontal dashed lines for writing, spanning the width of the page.



A series of horizontal dashed lines for writing, spanning the width of the page.



Handwriting practice lines consisting of 20 horizontal dashed lines.

